

St Mary's Weekly Newsletter



MESSAGES FROM MRS ACTON

Date:- 17.9.21

*****UPDATED COVID 19 GUIDANCE– Symptoms** You must not come to school if your child/ family member has symptoms of Covid 19– high temperature, loss of taste or smell or continuous cough. Anyone who has symptoms should self-isolate and book a PCR test. Please inform school as soon as possible. Thank you,

*****Positive cases/***** - TTP will contact you to ask questions designed to identify recent close contacts of your child, and for contact details of the individual or their parent/guardian. TTP will then contact these close contacts to provide instructions/ advice. Those who are under 18/ fully vaccinated are no longer required to self-isolate if identified as close contacts but will be contacted to let them know that they've been in close contact with someone who has tested positive. They will also be offered two PCR tests and provided with advice on how to minimise the risks of onward spread. If your child is identified as a close contact, they can still attend school unless they develop symptoms or are advised otherwise by TTP. Please continue to let us know if your child tests positive as soon as possible. Many thanks.



School start times Thank you to everyone for arriving on time ready to start school at 8:55am. Excellent work pawb! The gate is closed at 9am and all latecomers will be recorded on our late register which is monitored by our Educational Social Worker.

Drop off and Collection Time Where possible, could we ask that only one adult per child comes to collect/ drop off children. This will reduce the number of people on site and will help to minimise the risks for everyone. Also, please remember to wear a face covering/ mask unless medically exempt. Diolch



Healthy Snacks and drinks We are a Healthy School and have a legal duty to promote healthy eating and drinking in school. Therefore, children should only have water to drink in their bottle for school. **No juice please.** A healthy snack of fruit/ veg should be provided for morning break on a Monday– Thursday. On a Friday, children may bring a chocolate bar/ crisps for a treat day snack. **No sweets please.** Please see posters attached for more information



Whole School Back to School Mass Today, we welcomed Fr Nicholas to school to celebrate our new school year Mass. Dosbarth Dyfrdwy led the Mass and were joined by our Year 5 and 6 children in the hall. Due to the current situation, other classes attended via Teams. It was a lovely celebration to start our school year in prayer and song.



Pupil Voice Elections Thank you to all children who have applied to represent their classes on the School Council and Eco Committee, or as a Super Ambassador or Playmaker.



Nomination slips have all been collected and the elections will take place on Tuesday 21st September. All results will be shared in assembly next Friday including the Messengers of Christ



Pupil Data Consent Booklets will be issued next week.

Please return as soon as possible to update your information. Diolch



Please note: The additional school holiday in lieu of the Queen's Jubilee will be Friday 26th November.

STAFF TRAINING DAYS 2021-22

Wednesday 1st Sept 2021

Monday 25th April 2022

Friday 22nd Oct 2021

Monday 6th June 2022

Wednesday 22nd Dec 2021

Wednesday 20th July 2022

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ST MARY'S SCHOOL CLASS AND COMMUNITY NEWS



Happy Birthday

Jakub P, George W, Archie, VVen Hao, Vanessa K, Victoria, Gracjan, Amelia S, Julia, Zosia, Olivia, Sam



Whole School Good News



Yr 1/2– George has been busy picking sunflower seeds to grow more sunflowers for next year. He has also been enjoying swimming and rugby lessons. Max and Thomas played their second match for Borrás and had a super win. Jack has been learning to swim and Emilia K has been learning to ride a horse. Julia started gymnastics and Abigail has started Rainbows.

Yr 3– Molly H has received a star of the week in gymnastics



Yr 5– Alice started Tae Kwon-do this week, Scarlett had an 88% distinction for her LAMDa exam and Zac is doing a piano exam this week. Nataniel went to the American circus this week. Ella has 2 chicken and is getting some fish and Phoebe did her first standing dive and is giving donations to refugees.

Y6– Amelia W played for Brickfield girls against northp and drew 2 all. Bethan has got into Wrexham under 12s team and Rebecca has moved up in swimming to Junior Performance Squad

Lovely news everyone!

MAKATON SIGN OF THE WEEK



We are all learning a special sign language called Makaton to promote inclusion in St Mary's and to support all learners to communicate with each other.

You can practise our 'Sign of the Week' with your family and friends.

This week's sign is: toilet



[Link](#)

Brawddeg Yr Wythnos Sentence of the Week



Athrawes/ athro

Teacher(Female)

Teacher (Male)

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Healthy snacks in primary schools



There is a legal duty for local authorities and schools to **promote healthy eating in schools**. The Welsh Government and Welsh Network of Healthy School Schemes recommend a whole-school approach.

Food brought into school for personal consumption can be subject to restrictions at the discretion of the local authority or governing body of a school. Almost all primary schools in Wales specify **only fruit and vegetables for snack during break times**.

Schools should create an environment and culture where it is **normal and easy for children to eat healthily**. School staff, along with parents/carers, are vitally important in the development of healthy eating habits for life, through **consistent messages and role modelling**.

Fruit and vegetables should be the only snack at break times in primary schools because:

- they are a good source of **fibre, vitamins and minerals**,
- they are naturally low in calories, helping to **maintain a healthy weight**,
- eating a variety of fruit and vegetables can help to **prevent a range of health issues** such as bowel problems, cardiovascular disease and some cancers; and,
- consumption of fruit and vegetables is below recommended levels, of at least **5 portions per day**.

Some primary schools also specify that fruit and vegetables at break time must be fresh.