

# Mrs Acton's 'Thought for the day'



*'I think I can. I know I can.'*

*Unknown*



## Let us pray...



The Month of June 2020, has been designated to the Sacred Heart of Jesus. As Catholics, a prayer to the Sacred Heart of Jesus is a devotion which shows our special love for Jesus.

Many of you will have seen a Sacred Heart Statue showing Jesus with a special heart. Look below to learn about what each part of the 'heart' means to us as Catholics

*June is the month of the sacred heart of Jesus*

- 1 God's Light shines from the sacred heart.
- 2 A Wound from the lance that pierced Christ's heart.
- 3 A Crown of Thorns is around the heart.
- 4 A Cross sits on top of the heart. All represent how Jesus died.
- 5 Fire represents the awesome power of God's love.
- 6 The Heart is Jesus' real heart as a sign of his divine love.



### Sacred Heart Prayer

O most holy Heart of Jesus, fountain of every blessing, I adore You, I love You, and with a lively sorrow for my sins, I offer You this poor heart of mine. Make me humble, patient, pure and wholly obedient to Your will. Grant, good Jesus, that I may live in You and for You.

We ask this in your name  
Amen

