## Virs Acton's 'Thought for the day

Always end the day with a positive thought.

No matter how hard things were, tomorrow's a fresh opportunity to make it better.

## Let us pray...



## Morning Prayer

Lord, You walk beside me You are always there. Come be in my waking Go with me everywhere.

Lord, Your hand will lead me Your light will show the way. Come be in my thinking Be my guide today.

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